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Still Here Embracing Aging Changing

"Dass delves into the aspects of aging that terrify most of us—and affirms there is an awareness in each of us that transcends all the attributes that necessarily diminish with age. Ram Dass shows readers of all ages that it is possible to stay present in the midst of suffering, to be still and know that God is here now."—

Still Here: Embracing Aging, Changing, and Dying: Dass

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He wrote the book Still Here: Embraced Aging, Changing, and Dying after experiencing a stroke in 1997.

Still Here: Embracing Aging, Changing and Dying by Ram Dass

In Still Here, Ram Dass offers a philosophy for aging that teaches us how to diminish our suffering despite the aches, pains, and limitations of age. This becomes possible when we step away from the ego-self and into the soul-self, where we can witness our thoughts and emotions and evaluate their effects on us.

Still Here: Embracing Aging, Changing, and Dying - Kindle

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"Dass delves into the aspects of aging that terrify most of us—and affirms there is an awareness in each of us that transcends all the attributes that necessarily diminish with age.

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Ram Dass shows readers of all ages that it is possible to stay present in the midst of suffering, to be still and know that God is here now."—

Still Here: Embracing Aging, Changing, and Dying by Ram

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Gingi Freeman This book, Still Here by Ram Dass, was recommended to me as a good source of putting things into spiritual perspective when dealing with issues of aging, changing and even dying. Now, I'm not dying, but I am certainly struggling to come to terms with what my "new body" and "new normal" is as a 35 year old woman.

Still Here: Embracing Aging, Changing, and Dying ...

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Still Here: Embracing Aging, Changing, and Dying by Ram

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Perhaps the biggest paradox has to do with overcoming our fears. The secret, we learn, is not running from those fears, as so many people do, but turning around and confronting them. Better yet, embracing them. That's what Ram Dass advocates with the greatest fears of the western world -- aging, changing, and dying.

Still Here: Embracing Aging, Changing... book by Ram Dass

That changes the whole nature of the game. That's not just a new role; it's a new state of being. It's the real thing. At nearly seventy, surrounded by people who care for and love me, I'm still learning to be here now. - Excerpt from Still Here:

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Embracing Aging, Changing and Dying by Ram Dass

Still Here - Ram Dass

If you enjoyed Still Here: Embracing Age, Changing and Dying, please support our efforts to continue making teachings from Ram Dass and friends accessible to all. As Ram Dass says, "When you see the beloved all around you, everyone is family and everywhere is love."

Still Here: Embracing Age, Changing and Dying - Ram Dass 2020

Buy Still Here: Embracing Aging, Changing, and Dying Reissue by Ram Dass (ISBN: 0710261013137) from Amazon's Book Store. Everyday low prices and free delivery on eligible orders.

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Still Here: Embracing Aging, Changing and Dying by Ram Dass 4.12 avg. rating · 908 Ratings. More than thirty years ago, an entire generation sought a new way of life, looking for fulfillment and meaning in a way no one had before. Leaving his teaching job at Harvard, Ram Dass embodied the ro....

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Still here : embracing aging, changing, and dying (Book ...

This is a great blog post by Carol Orsborn, Ph.D. on Still Here:

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Embracing Aging, Changing, and Dying by Ram Dass. You can view the full post here and other content by Carol Orsborn at her website carolorsborn.com. STILL HERE. Ah, the privilege of living larger than life—something I've longed to experience through my achievements, by doing.

Carol Orsborn, Ph.D. Review on Still Here by Ram Dass ...

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"More than thirty years ago, an entire generation sought a new way of life, looking for fulfillment and meaning in a way no one had before. Leaving his teaching job at Harvard, Ram Dass embodied the ...

Still here : embracing aging, changing, and dying (Book ...

Still Here: Embracing Aging, Changing and Dying can help anyone who feels within themselves a trace of sissihood to work actively on developing more courage. For Ram Dass the source of this courage is embedded in the concept and experience of

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grace.

Book Review of Still Here by Ram Dass | John C. Rhead, Ph.D.

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Still Here by Ram Dass: 9781573228718 | PenguinRandomHouse ...

I'm the "advance scout for the experiences of aging," Ram Dass reports in his new book, STILL HERE, "and I've come back from the scouting party to bring good news" (p. 204). In the eight chapters (essays, really) of his book, RD offers his insights into

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"aging, the mystery of death, and how to remain conscious in the face of physical, social, and psychological challenges" (p. 108).

Still Here: Embracing Aging, Changing, and Dying: Dass

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More extraordinary, however, is the way a resonance, a grace imbues his latest book, the spare *Still Here: Embracing Aging, Changing, and Dying*, out from Riverhead/Putnam. The stroke hit one...

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